

# Advanced Hockey Clinic #6



Hosted by:



THE JOY OF LEARNING

We would like to invite U9's – U14's to take part in an advanced hockey clinic from **13 – 15 July 2016** which will be hosted by **Oakhill School** on the new **Oakhill Sports Campus Astro-turf**.

The objective of the Clinic is to provide the players with an added opportunity to improve their game for the last half of the Hockey season. Two independent, qualified coaches (assisted by two provincial and one national player) with experience of playing and coaching at a high level will conduct the clinic over the 3 days.

Overview of the 3 days:

- Day 1: Basics – Pushing, Stopping, Slapping, Hitting, Elimination Skills.
- Day 2: Attack and Defence – Drills, Positional Play, Game Situations.
- Day 3: Tournament – 7 -a-side games.

## Coaching staff:

Chicco Ponela (u/21 Northerns Hockey/ SWD Coach / Oakhill Coach)

Jason Trafford (Eastern Province u/21 Hockey)

## Price:

R400 – Full 3 days (Paid at the beginning of the First Practice)

## Booking Procedure:

Please email Chicco with your child's name and age at [chicco@oakhillschool.co.za](mailto:chicco@oakhillschool.co.za).

Limited to 50 players per age group, with the ratio being 10 kids per coach at a time, so please book ASAP on a first come first served basis.

## Practice Times:

Time/Day	Wednesday	Thursday	Friday
08h00 – 10h00	U9 – U11 Boys and Girls	U12 – U14 Boys and Girls	U9 – U11 Boys and Girls
10h30 – 12h30	U12 – U14 Boys and Girls	U9 – U11 Boys and Girls	U12 – U14 Boys and Girls

Contact details or further enquiries please contact:  
Chicco Ponela 071 553 7202 or [chicco@oakhillschool.co.za](mailto:chicco@oakhillschool.co.za)